

Jobs teens CANNOT do:

14 and 15 year-olds CANNOT:

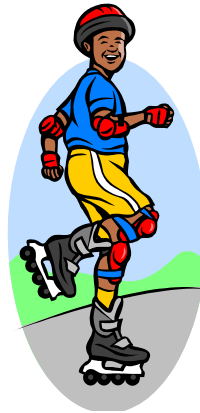
- Work in manufacturing, mining, logging, communications or public utilities, construction, railroad, or warehousing and storage or processing industries.
- Load or unload trucks or conveyors.
- Operate or assist with hoisting apparatus or any power-driven machinery other than office machines.
- Do work while elevated above floor level. No standing on a window sill, ladder, scaffold, etc.
- Operate motor vehicles or service vehicles.
- Work around poisonous chemicals.

16 and 17 year-olds CANNOT:

- Work in logging, sawmills, meatpacking, mining, roofing, or excavation, operations.
- Operate power-driven woodworking machines.
- Work in the manufacturing of brick or tile.
- Ride on power-driven open elevators and other hoisting devices.
- Be an outside helper on a motor vehicle.
- **16 year-olds cannot** drive any motor vehicle.
- **17 year-olds can** drive a motor vehicles under some circumstances.

The only Great job is a safe *job*

Getting hurt at work can keep you
from doing the things you love.



Arkansas Department of Labor

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Little Rock, AR 72205-2190

501-682-4523

<http://www.arkansas.gov/labor/>

For information about age restrictions
or hour restrictions for teenagers, call
the Labor Standards Division
at 501-682-4501

U B Safe

In
Outdoor
Jobs



Mike Huckabee
Governor

James Salkeld
Director

Here are some things you can do to keep from getting hurt at work...

- 1) Know and follow all the safety rules and work procedures --- they're there because someone has already been hurt doing that.
- 2) Use all work equipment and safety equipment correctly --- ask your supervisor if you have any questions about doing it right!
- 3) Know what to do in emergency situations.
- 4) If it looks unsafe or dangerous, it probably is! Don't mess with it!
- 5) Don't do any jobs or use any equipment you haven't been trained to perform or use.



Hazard	How to B Safe
Falls	<p>When you're working, walk, don't run.</p> <p>Don't jump up on or off of elevated areas.</p> <p>Always watch where you are going...the ground can hide many hazards.</p> <p>Don't carry things in front of your face...so you can't see where you're</p> <p>Never work more than 4 feet off the ground.</p>
Violent Crimes	Don't work alone or isolated from others.
Back Injuries	<p>Don't try to pick up heavy, awkward, or bulky things by yourself...use the buddy system.</p> <p>Don't bend over at the waist or twist when lifting.</p>
Chemical Hazards	<p>Don't use any chemicals until you have been trained in their safe use.</p> <p>Don't use different chemicals at the same time or mix chemicals together.</p>
Bloodborne Diseases	<p>Don't touch someone else's blood or any needles you find.</p> <p>Only people who are trained in bloodborne pathogens and proper procedures can clean up blood.</p>
Electrocution	<p>Don't operate any equipment unless you're authorized to use it!</p> <p>Don't try to clean any equipment unless it has been disconnected from its power supply!</p>
Traffic	Watch for traffic when working close to any roadway, Always assume they don't see you.
Heat	<p>Drink lots of water or electrolyte replacement drinks (not soda).</p> <p>Wear light-weight, loose-fitting, breathable clothing (like light cotton).</p> <p>Take short breaks in the shade.</p>